

Client Participation Agreement

Denise Vargas Hypnotherapy
Denise Vargas CCHT

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Cell Phone _____

Email _____ Age _____

How did you find out about Denise? _____

The reason for your visit? _____

Have you ever been in therapy before? _____

Have you ever been hypnotized before? _____

Are you currently taking any medications? _____, and if Yes, please state for what reasons? _____

As I enter into this relationship, I agree to the following:

1. I am participating in hypnosis by my own choice because I want to be here.
2. I understand that I am not a patient, but a co-operator in my hypnosis experience.
3. I acknowledge the futility of blame for both myself and for others.
4. I understand that my progress here involves how I care for myself physically, mentally, emotionally and spiritually.
5. I understand that transformation is a process and that it can take time.

**** By signing this form I acknowledge that I will give a 24-hour notice in case I need to cancel or reschedule my appointments and that if I do not that I will pay for the full price of the session that I had scheduled.*

Signed: _____ Date _____

As your hypnotherapist, I commit to you to utilize all of my skills to help you to reach your goals in the shortest time possible. You have my assurance of my full integrity, professionalism, confidentiality and respect.

Client Bill of Rights

Contact Information: Denise Ann Vargas, CCHT. 7451 Wiles Rd suite 206 Coral Springs FL 33065 (located inside FL Hypnotherapy and Intuitive Training Institute) or by telephone at (954)512-4157 email ddenavar@aol.com

Education and Training: Trained in hypnotherapy at The Florida Institute of Hypnotherapy with certifications in Clinical as well as Interpersonal Hypnotherapy. I am a member of the International Association of Interpersonal Hypnotherapists and (ACHE) maintain continuing education of my training at a high level. .

Notice: AS THE STATE OF FLORIDA HAS NOT ADOPTED EDUCATIONAL AND TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTISM, THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY. Hypnotism is a self-regulating profession and its practitioners are not licensed by state governments. I am not a physician nor a licensed health care provider and may not provide a medical diagnosis nor recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services at any time. In the event my services are terminated by a client, the client has a right to coordinated transfer to another practitioner. A client has a right to refuse hypnotism services at any time. A client has a right to be free of physical, verbal or sexual abuse. A client has a right to know the expected duration of sessions, and may assert any right without retaliation.

Redress: Certified member of the International Association of Interpersonal Hypnotherapists, and practice in accordance with its Code of Ethics. If you have a complaint about my services or behavior Denise Vargas hypnotherapy cannot resolve for you personally, you may contact the International Association of Interpersonal Hypnotherapists (Complaints must be in writing setting forth the basis of the claim.) Other services than my own may be available to you in the community. You may locate such providers in the telephone book. As our client you have the right to refuse any aspect of services or to completely terminate services at any time, or to choose another practitioner.

Fees: The charges for my services are \$200.00 per session for traditional hypnotherapy. Sessions may run from 1 to 2.5 hours. LBL Regression \$550.00 approximately 4.5 hours, Crystal Grid Therapy \$250.00 Fees are due at the time of each session in the form of cash, check or credit card. You will be given a 14-day notice of any change in fees. **I do have a 24-hour cancellation policy and clients are charged for one and a half hours of time if they do not call to cancel or reschedule in accord with this 24-hour notice.** Hours paid in advance in the form of package deals are good for 6 months from their time of purchase. After 6 months of absence from therapy, these hours are forfeited. Packages are non-refundable. 6 six sessions paid in advance grants a 10% discount. 10 sessions paid in advance grants a 15% discount. 20 sessions paid in advance grants a 20% discount.

Confidentiality: We will not release any information to anyone without a written authorization from you, except as provided for by law. You have a right to be allowed access to my written record about you. As my client you have the right to complete and current information concerning any aspect of the professional/client relationship.

Insurance: Think of Denise Vargas Hypnotherapy services as something that you will pay for personally. That will both protect your privacy and help you value the work you are doing more. In general, most insurance companies do not like to cover hypnotic services, and I caution you not to expect them to do so.

My Approach: It is my goal to help you to achieve lasting results through the use of Hypnosis, NLP, Meditation and other related self-help modalities. Through the power of your own mind, Denise Vargas Hypnotherapy will assist you in reaching your goals in a way that you and I both agree to be in your best interest and in a way that is in compliance with state and federal laws, as well as with the standards of the organizations to which I belong. We agree to use my experience to facilitate the changes as are mutually agreed to be in your best interest. We are professionally committed to mobilizing your inner resources in the shortest time possible.

I am of legal age and in consideration of my acceptance as a participant in this seminar, hypnosis session, regression, training or any other Denise Vargas production. I for myself, my heirs, executors, administrators and assignees, do hereby release and discharge Denise Vargas, any of his employees or other participants from all claims of damages, copyright, demands or actions whatsoever in any manner arising from or growing out of my participation. I understand that recordings are made at these events and Denise Vargas retains the copyright of these recordings. I have received and read this Client Bill of Rights and the IAIH Disclosure Form and understand what I have read:

Client Name: _____

Client Signature: _____ Guardian Signature: _____

Date: _____

I.A.I.H Disclosure Form – Client Copy

Hypnotherapy is a self-regulated profession and does not qualify for State licensing. The International Association of Interpersonal Hypnotherapists (IAIH) is to set the standard for the education and ethical practices of the Interpersonal Hypnotherapists worldwide by complying with Federal and State standards of education, transparency and continuing education at the highest ethical standards.

Hypnotherapists agree to provide professional services in accordance with acquired training and experience giving undivided attention during scheduled consultations to facilitate Client's benefits. Hypnotherapist's work is Client-centered. Services provided utilize induction of hypnosis, and methods and principles used to help clients discover their inner creative abilities to develop positive thinking and feeling and to transform undesirable habits and behavior patterns. Therapeutic goals are to achieve freedom from restrictive thought and belief systems, to assist in solving personal problems, developing motivation and achieving goals. Client may be taught the use of self-hypnotic techniques to assist in achieving goals and resolving issues that have been mutually agreed upon by Client and Hypnotherapist.

Hypnosis is not a state of sleep, but is a natural state of mind that can produce extraordinary levels of relaxation of mind, body and emotions. The principles and theories upon which hypnotherapy is based are accessing and utilizing the power of one's inner resources. Hypnosis can transcend the critical, analytical level of mind, and facilitate the acceptance of suggestions, directions and instructions desired by the Client. The therapeutic use of Hypnosis can also elicit information and insights from the inner mind. The hypnotherapist utilizes interviews, discussion and hypnotic methods dealing with underlying issues whenever appropriate, with the goal to achieve effective and lasting results.



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